FOOTPRINTS IN THE SAND
A BEACHFRONT PODIATRIC SYMPOSIUM

HiltonHead

FIRST DAY
BEARFOOT/ANKLE
DERMATOLOGY/WOUND CARE/ILLEOSTOMY
FOREFOOT/MIDFOOT RECONSTRUCTION
MEDICINE AND TOPICS OF INTEREST
COMMON COMPLICATIONS
SURGEONS IN THE SPOTLIGHT
THE SECOND OPINION
PICA RISK MANAGEMENT SESSION

DISTINGUISHED FACULTY AND SPEAKERS

SEMINAR CHAIRPERSONS
Michelle Butterworth, DPM
Kingstree, South Carolina
Stephen V. Corey, DPM
Kingstree, South Carolina

KEYNOTE SPEAKER
Brian B. Carpenter, DPM
Decatur, Texas

SPECIAL GUEST SPEAKERS AND PODIATRY INSTITUTE FACULTY
Wayne L. Bakotic, DO
Alpharetta, Georgia
Edwin L. B itch, IV, DPM
North  Charleston, South Carolina
Thomas A. Brosky, II, DPM
Oakwood, Georgia
Michael S. Downey, DPM
Philadelphia, Pennsylvania
Nicholas A. Giovinco, DPM
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This is a PICA approved risk management seminar.
**HILTON HEAD AREA ATTRACTIONS**

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**The Salty Dog Cafe**  The famous outdoor cafe inspired by Jake the Salty Dog and his heroic feat! Ocean breezes, tropical freezes, and entertainment for all ages.  843.671.2233  www.saltydogcafe.com

**The Sandbox, An Interactive Children’s Museum**  A great place for families to learn and explore together. Children can sail away on Captain William Hilton’s ship of discovery or find a plane ready for little pilots to fly.  843.842.7645  www.thesandbox.org

**JUST US KIDS**

The Sonesta offers Just Us Kids, a supervised children’s club designed for fun, entertainment and learning! Programs often include game time, beach adventures, swimming, and arts and crafts. Ages 3-5 are welcome in one of the half-day sessions (either AM or PM). Ages 6-12 may choose a half- or full-day program. Lunch and/or snack are provided accordingly. Rates and activities vary seasonally.  843.842.2400  www.sonesta.com/hiltonheadisland

**NATURE LOVERS**

**Birding**  Beaches, marshes, lagoons, bike trails, harbours, docks and golf courses throughout the island are areas for birding. The most popular sites are Fish Haul Creek Park, Sea Pines Forest Preserve, Pinckney Island National Wildlife Refuge, and Savannah National Wildlife Refuge. More information is available at Hilton Head Island Audubon Society.  www.hiltonheadaudubon.org

**Coastal Discovery Museum**  Indoor and outdoor exhibits, tours and cruises give you hands-on exploring of the history, wildlife, and heritage of Coastal Carolina. Special programs include the popular “Turtle Talk & Walk” (June 27, 8-10 PM, reservations required).  843.689.6767, ext 223  www.coastaldiscovery.org

**Pinckney Island National Wildlife Refuge**  See a wide variety of wildlife. Walk around the island on the 14 miles of trails, bike or kayak.  843.784.2468  www.fws.gov/pinckneyisland

More information about area attractions is available at www.hiltonheadisland.org
Thursday - JUN 27

7:25 AM
WELCOME TO HILTON HEAD

7:30 AM
FIRST RAY
What Does Experience Tell Us About Reading Bunion X-rays?

Metatarsal Head Resurfacing
1st MTPJ Arthrodesis
Lapidus
Crescentic Bunionectomies
Juvenile HAV
Hallux Valgus Repair in the Geriatric Patient
Segmental Defects of the First Ray
Panel Q&A

7:30 AM
REARFOOT/ANKLE
EPF vs. Open Fasciotomy
Surgical Management of Retrocalcaneal Exostosis
Peroneal Tendon Disorders: Perioperative Decision Making
Brostrom Lateral Ankle Repair
Talar Osteochondral Lesions
Kidner Procedure
Osteotomies for Flatfoot Surgery
FDL Transfer for Stage II Tibialis Posterior Tendon Dysfunction
STJ Arthrodesis
Panel Q&A

10:00 AM
REFRESHMENT BREAK, VISIT EXHIBITORS

10:30 AM
LEARNER OBJECTIVES
At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

1:00 PM
THURSDAY SESSION ADJOURNS

Friday - JUN 28

7:30 AM
DERMATOLOGY/WOUND CARE/INFECTION
Key Issues in Podiatric Dermatology
Perioperative Antibiotic Management
Imaging and Infection
Diabetic Foot
Use of Antibiotic Carriers in the Treatment of Osteomyelitis
Amniotic Membrane Graft
Plastic Surgical Approaches for the Diabetic Patient
Panel Q&A

10:00 AM
REFRESHMENT BREAK, VISIT EXHIBITORS

10:30 AM
MEDICINE AND TOPICS OF INTEREST
Osteoporosis: Surgical Considerations
DVT Prophylaxis
Synthetic Nerve Conduits
RF Ablation for Nerve Conditions
Soft Tissue Augmentation: How Do We Choose What to Use?
Plantar Surgical Incisions
Principals of Arthrodesis
Revisiting Trephine Fusions
Panel Q&A

1:00 PM
FRIDAY SESSION ADJOURNS
### Saturday - JUN 29

#### THE SECOND OPINION

*Bring in your challenging cases for a second opinion by our panel of experts. Cases/imaging studies must be in Power Point format and turned in by Friday afternoon.*

#### PIC A RISK MANAGEMENT

**Is This Patient a Good Surgical Candidate?**  
Risk Issues Related to Patient Selection and Informed Consent

The 2013 PICA risk management section will focus on patient selection to improve likelihood of success and decrease risk of litigation in podiatric surgery. The attendee will be presented with tools to help identify the possible problem patient and observe possible means of managing these individuals that will lead to mutually successful outcomes for the patient and surgeon alike. Management of the history and informed consent process as well as a discussion of "red flag" warning signs that may be indicators of future problems to come will be reviewed.

#### SPORTS MEDICINE AND TRAUMA

- Management of Sports Injuries: On the Field Injury to Return to Competition
- Management of Soft Tissue Trauma
- Unusual Achilles Ruptures/Problems
- Puncture Wounds
- 5th Metatarsal Fractures
- Neglected Lis Francs Injuries
- Pronation-External Rotation Ankle Fractures
- Diabetic Ankle Fractures
- Panel Q&A

#### SATURDAY SESSION ADJOUNS

### Sunday - JUN 30

#### COMMON COMPLICATIONS

- Toes Gone Wild: The Sequel
- Complications of Brachymetatarsia Repair
- The Recurrent Neuroma
- Arthrofibrosis After Bunion Surgery
- Bunion Complications
- Panel Q&A

#### SURGEONS IN THE SPOTLIGHT

*Some favorite procedures caught on video:*

- Koby Nerve Decompression and Modified Nerve Decompression
- Flexor Tendon Transfer
- Peroneal Tendon Repair
- 1st MTPJ Arthrodesis
- Brachymetatarsia Lengthening with Mini External Fixator
- Calcaneal Osteotomies
- Panel Q&A

#### REFRESHMENT BREAK, VISIT EXHIBITORS

#### EXHIBIT HALL CLOSES

#### FOREFOOT / MIDFOOT RECONSTRUCTION

- CPan Metatarsal Head Resection: Not Just for the RA Patient
- Brachymetatarsia
- Treatment Options for Morton’s Neuroma
- PDS
- Flexor Tendon Transfers for Hammertoes
- Lesser Metatarsal Osteotomies
- Options for Hammertoe Repair
- Navicular Cuneiform Integration
- Panel Q&A

### 1:00 PM

**CONFERENCE ADJOURS**

*TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE*

**UP TO 20.0 CONTINUING EDUCATION CONTACT HOURS**

THE PODIATRY INSTITUTE IS APPROVED BY THE COUNCIL ON PODIATRIC MEDICAL EDUCATION AS A SPONSOR OF CONTINUING EDUCATION IN PODIATRIC MEDICINE
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OUR MISSION
To be a supportive, global network of members, colleagues and friends which enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research and service.

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com

CONGRESS REGISTRATION

- $490 on or before 5/16/13
- $540 after 5/16/13
- $590 after 6/12/13
- or at the door
- $265 Retired Podiatrists or Active Military
- $65 Residents with letter from Residency Director (DOES NOT APPLY TO WORKSHOPS)

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IF YOU DO NOT RECEIVE A WRITTEN CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a $50 administrative fee. There will be no refunds for cancellations made later than one month prior to the start of the conference. Instead a “certificate of transfer” will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

REGISTER FOR TWO 2013 SEMINARS AT THE REGULAR RATE AND RECEIVE 25% OFF THE SECOND SEMINAR EXCLUDES CADVER WORKSHOPS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY, OR APMA YOUNG MEMBERS. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE DISCOUNT.

ACCOMMODATIONS

The all-new Sonesta Hilton Head Island has finished a $30M total renovation of its rooms, common spaces, meeting and event spaces — all designed to highlight the look and feel of the Lowcountry and Hilton Head Island, featuring contemporary and welcoming natural tones of the ocean, coral, and beach.

In addition to the new full-service Arum Spa spa, the Sonesta offers guests a shaded lap pool and Jacuzzi, a zero entry-heated lagoon swimming pool and children’s area. From casual poolside dining and beverages, to Lowcountry cuisine for breakfast, lunch and dinner, on-site dining experiences include Bayley’s Lobby Bar and Terrace, Heyward’s Restaurant, Seacrest and Sweet Cane. Additional on-site amenities include a 24-hour fitness center with dressing areas, in-room dining, concierge, a 24-hour business center, on-site bicycle rentals and complimentary shuttle service.

The Sonesta is the destination for embracing all that Hilton Head has to offer.

Sonesta Hilton Head Island, 130 Shipyard Dr, Hilton Head Island, SC 29928 1.800.SONSETA or 843.842.2400 www.sonesta.com/hiltonheadisland

TRAVEL DISCOUNTS
To obtain the best possible rates and make your reservations, please call our official agency: Travel Leaders 678.689.0176

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If you have trouble securing hotel accommodations, please call Trish at the above number.

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A block of rooms have been reserved and will be held until it is full or June 5, 2013, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Single/Double Room Rate: $199

(phone, currently 11%, subject to change without notice)